Pennsylvania Highlands Community College & West Virginia University

Associate of Arts in Psychology A.A leading to
Bachelor of Science in Sport, Exercise, and Performance Psychology B.S.
Suggested Plan of Study

Pennsylvania Highlands Community College	Hours	WVU Equivalents	Hours
Year One, 1st Semester			
FYE 100	1	WVUE 191	1
ENG 110	3	ENGL 101	3
CIT 100	3	CS 1TC	3
MAT 145	3	MATH 126	3
PSY 100	3	PSYC 101 (Required)	3
TOTAL	13		13
Year One, 2nd Semester			
ENG 200	3	ENGL 1C2	3
Elective (Humanities)	3	General Elective	3
PSY 130	3	PSYC 241 (Required)	3
PHI 200	3	PHIL 120	3
PSY 200	3	PSYC 281 (Required)	3
TOTAL	15		15
Year Two, 1st Semester			
PSY 299	4	STAT 211 + STAT 2TC	4
PSY 220	3	COUN 201	3
PSY 202	3	PSYC 2TC	3
SOC 100	3	SOC 101 (Required)	3
BIO 104 & BIO 114	4	BIOL 115 & BIOL 115L (Sub for BIOL 102/L)	4
TOTAL	17		17
Year Two, 2nd Semester			
BIO 106 & BIO 116	4	BIOL 1TC	4
SOC 200	3	SOC 207	3
COM 101	3	COMM 270 & COMM 270S	3
PSY 210	3	PSYC 345	3
Elective (Social Science)	3	General Elective	3
TOTAL	16		16

West Virginia University			
Year Three, 1st Semester		Year Three, 2nd Semester	
ACE 149	3	ACE 307	3
CAHS 300*	3	SEP 272	3
SEP 283*	3	SEP 371*	3
PSYC 251	3	SEP 415*	3
General Elective or Professional Minor Course (1)	3	General Elective or Professional Minor Course (2)	3
TOTAL	15	**TOTAL**	15
Year Four, 1st Semester		Year Four, 2nd Semester	
ACE 327	3	CAHS 489*	3
SEP 385*	3	SEP 425* or HWB 359*	3
SEP 420*	3	COUN 303	3
General Elective or Professional Minor Course (3)	3	General Elective or Professional Minor Course (5)	3
General Elective or Professional Minor Course (4)	3	General Elective	3
TOTAL	15	**TOTAL**	15

Students must maintain a 2.0 GPA to graduate. Students must earn a C- or higher in all (*) courses.

Students pursuing a degree in Sport and Exercise Psychology are encouraged to work with their advisors to integrate completion of an academic minor or minors into their programs of study, to the degree allowed within elective hours. WVU offers over 100 minors that complement major fields of study, build on students' unique interests, expand perspectives, and broaden skills. See http://catalog.wvu.edu/undergraduate/minors/#minorsofferedtext for a list of available minors. Students may begin completion of their minors by utilizing elective hours at PHCC to take equivalent minor requirements.

Students transferring to West Virginia University with an Associate of Arts or Associate of Science degree will have satisfied the General Education Foundation requirements at WVU.

Students who have questions about admission into their intended program, GEF requirements, minors, or any other issue relating to academics at West Virginia University should contact the Office of Undergraduate Education at WVU.

The above transfer articulation of credit between West Virginia University and Pennsylvania Highlands Community College, is approved by the Dean, or the Dean's designee, and effective the date of the signature.

Valerie Wayda — Print Name

Valerie Wayda — Signature

9/28/2026 — Date

Valerie Wayda, Ed.D., Associate Dean for Academic Affairs of Undergraduate Education – College of Applied Human Sciences